



8745 W. Higgins Rd, Suite 110 • Chicago, IL 60631
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www.gosoinc.com

Effective January 15, 2026

Fees

- \$275.00 for a 50-minute Individual Psychotherapy Evaluation
- \$290.00 for a 50-minute Family and a Couples' Evaluation
- \$175.00 for a 50-minute Individual Psychotherapy Session
- \$200.00 for a 50-minute Family (With or Without Patient) and/or Couples' Therapy Session
- Immigration Evaluations Range from \$1,800.00 - \$3,800.00 depending on the family size **Note:** Insurance companies do not cover evaluations for immigration purposes.
- For updated evaluations the price range is \$1000.00 - \$2,000.00
- Our hourly rate is \$175.00 an hour for any written letter or to revise an evaluation report.

Note: Clients are responsible for the full fee payment for appointments canceled within less than 24 hours-notice. We will charge your credit card on file. Your medical insurance does not pay for missed appointments.

Insurance

Blue Cross Blue Shield PPO
Optum (formerly United Behavioral Health)
Aetna PPO
Lyra Health (EAP)
Metropolitan Family Services (EAP)
Spring Health (EAP)

Clients with insurance coverages that aren't covered in our practice may pay for their sessions and submit to their insurance company for out of network reimbursement. If you wish to submit for any out of network benefits, please ask your therapist for documentation to submit to your insurance company.

Payment Options

Zelle/QuickPay – payment can be made to your therapist's email – Adriana@gosoinc.com or Mayra@gosoinc.com

Cash

Checks (Make out check to GoSo Consulting)

Credit cards – please note there is a 5% additional charge